

# MANAGING YOUR CAT'S STRESS

A COMMON RISK FACTOR FOR URINARY ISSUES

#### Adversarial relationships with other pets

Like competing for food, territory, a clean litter box or even their pet parents' affections

# **Major life changes**

Like adding or removing other pets (or people!), moving homes, or disrupted routines

### **Noisy events**

From an event as simple as a party to one as major as remodeling, loud noises can trigger stress

### **Boredom**

Cats benefit from an outlet for their energy, like a scratching post or playtime with a pet parent

# How stress & urinary issues are connected:

When the cat senses environmental stress, the brain increases stimulus to the bladder.

Bladder inflammation increases feedback to the brain, which amplifies the stress response.

# FELINE URINARY ISSUES CAN BE TRIGGERED OR WORSENED BY STRESS

# How Prescription Diet c/d Multicare Stress can help

What you feed your cat plays an important role in helping manage urinary tract health and even stress.



# **Anti-stress ingredients**

Added L-tryptophan and hydrolyzed casein help manage stress



# **Controlled minerals**

Controlled levels of magnesium, calcium and phosphorus to reduce the building blocks of crystals and stones



# **Optimal urinary pH**

Helps dissolve struvite bladder stones and prevent plugs by reducing risk for crystals and FIC episodes



#### **Omega-3 fatty acids** High levels of omega-3 fatty acids to help reduce discomfort

Manage your cat's stress with a great tasting food they can't wait to eat

# **10 TIPS** TO HELP RELIEVE YOUR CAT'S STRESS



**Feed Prescription Diet c/d Multicare Stress** To help manage stress and anxiety



**Satisfy their urge to scratch** This releases pheromones and makes them feel happy



Spacious, sparkling clean litter Because cats have high standards

**Create a playground** Keep them active and entertained

**Give them a window seat** Let them watch the world outside



**Rewards for good behavior** Cats love appreciation

Help them reach new heights Cats love to climb up high and look down from above

8

Mind your place settings Keep food and litter trays in separate areas



A place away from it all Just like us, sometimes cats like to get away from it all



To each their own Provide enough food, water and litter trays for each cat











with Chicken

Learn more about urinary nutrition that's

A STEP AHEAD FOR THEIR BEST LIFE at HillsPet.com/UrinaryCare