

# the truth about treating

## snack comparisons



### 10-pound cat

### vs. average person\*

1 ounce of  
cheddar cheese



= 3 ½ hamburgers



1 cup of milk



= 4 ½ hamburgers



3 delicious  
Metabolic treats



= ½ apple



### 20-pound dog

### vs. average person\*

1 ounce of  
cheddar cheese



= 2 ½ hamburgers



1 tablespoon of  
peanut butter



= 2 ¼ hamburgers



3 delicious  
Metabolic treats



= 1 apple



\*Based on human 2000 kcal/day diet