



Your checklist

- ✓ Look for activities your dog finds difficult and monitor these activities for signs of improvement in mobility
- ✓ Only feed the food recommended by your veterinarian
- ✓ Visit your veterinarian for regular weight checks and advice on food and exercise
- ✓ Don't feed people food—this can decrease the effectiveness of the recommended food
- ✓ Always provide plenty of clean, fresh water
- ✓ Provide a warm, padded bed, and make sure you dry your pet properly after exercise
- ✓ If the signs do not get better or return, contact your veterinarian

FEEDING INSTRUCTIONS

Food recommended: _____
 Daily amount: _____
 No. of meals per day: _____
 How long: _____
 Next appointment: _____

FOR MORE INFORMATION

For more information about Hill's® pet foods, call Hill's Consumer Affairs at 1-800-445-5777 or visit www.HillsPet.com

®/™ Trademarks owned by Hill's Pet Nutrition, Inc. ©2006 Hill's Pet Nutrition, Inc.



*Hill's guarantees Prescription Diet® pet foods for quality, consistency, and taste. If you are not completely satisfied with any purchase of Prescription Diet® pet food for these reasons, simply return the unused portion to your veterinarian for a full refund or replacement.



Joint Health



Clinical Nutrition to Improve Quality of Life™

Hill's® Prescription Diet® pet foods

Hill's® Prescription Diet® pet foods are specially formulated to help manage pets with health problems. Backed by extensive clinical studies, Hill's offers the most reliable and trusted range of therapeutic pet foods.

Prescription Diet® j/d™ is clinically proven to:

- Reduce pain in dogs with arthritis.^{1,2}
- Help dogs with arthritis walk, run, play better and climb stairs more easily.^{1,3}
- Help improve the quality of life of dogs suffering from arthritis.^{1,3,4}
- Provide noticeable results in as few as 21 days.^{1,3}

¹ Dose titration effects of omega-3 fatty acids fed to dogs with osteoarthritis (3-month feeding study), 2003. Unpublished data.
² Cross AR, Roush JK, Renberg WC, et al. Effects of feeding omega-3 fatty acids on clinical signs and force plate analysis in dogs with osteoarthritis (3-month feeding study), 2004. Unpublished data.
³ A multi-center, practice-based study of a therapeutic food and a nonsteroidal anti-inflammatory drug in dogs with osteoarthritis (3-month feeding study), 2004. Unpublished data.
⁴ Dodd CE, Fritsch DA, Allen TA, et al. Omega-3 fatty acids in canine osteoarthritis: a randomized, double-masked study (6-month feeding study), 2004. Unpublished data.



We're confident your pet will enjoy Hill's® Prescription Diet® foods. In fact, we're so confident that we offer a 100% money-back guarantee.



(See back panel for details)

Hill's® Prescription Diet® j/d™

Eases pain and improves mobility

Hill's® Prescription Diet® j/d™ eases aching joints and helps improve your dog's mobility and quality of life. Results can be seen in as few as 21 days.

You don't have to accept arthritis as an inevitable sign of aging. Hill's Prescription Diet j/d, formulated to help manage dogs with arthritis, is clinically proven to help improve mobility, helping to keep your dog active and playful.

- Omega-3 fatty acids help maintain joint health
- High levels of omega-3 fatty acids and a low ratio of omega-6 to omega-3 reduce inflammation around the joint
- EPA, another type of omega-3 fatty acid, helps block the production of cartilage-destroying enzymes
- Controlled calorie content and L-carnitine help maintain a healthy weight and avoid extra stress on joints

SEE THE DIFFERENCE IN AS LITTLE AS **21 DAYS**



What is arthritis?

Arthritis is a general term for abnormal changes in a joint. These changes occur when cartilage is worn away faster than it can be replaced. Cartilage acts as a cushion to protect the bones. When it wears away, joints become swollen and painful.

Although arthritis is not curable, the good news is that nutrition can help manage the disease, improve mobility and ease the pain. With the right nutrition and care from your veterinarian, your dog should be able to enjoy an active, healthy life for many years to come.



Healthy hip joint

Cartilage provides cushioning and the bone appears to be smooth.



Arthritic hip joint

Cartilage has degraded and bone shows signs of roughness and thickening.

What causes arthritis?

- Age** As pets get older, cartilage will begin to degenerate. Many senior dogs suffer from arthritis to some degree.
- Breed** Large breeds are more prone to arthritis. These include Labradors, Golden Retrievers, German Shepherds and Rottweilers.
- Excess weight** Weight gain puts extra stress on the joints, which can lead to arthritis.
- Accidents and damage** Joints can deteriorate as a result of stress or trauma caused by an accident.
- Congenital defects** Some pets are born with conditions that make arthritis more likely in later life.
- Infection** Occasionally, an infection can lead to the destruction of joint tissue and cartilage.



Does my pet have arthritis?

If your dog has arthritis, the first thing you'll notice is that he or she finds movement difficult and is reluctant to walk, run and jump. Your dog may also yelp or flinch when touched in the affected area.



IMPORTANT

Some symptoms of arthritis are similar to those of other serious conditions. Make sure you consult your veterinarian if you notice any of these signs.

The importance of nutrition

The food your pet eats plays an important role in his or her overall health and well-being. Balanced nutrition is an essential part of an active, healthy lifestyle.

If your pet has arthritis or mobility problems, the right nutrition can help manage the condition and help keep your pet active and more comfortable. This brochure explains what arthritis is and how nutrition can help.

Topics covered:

- What is arthritis?
- Causes of arthritis
- Signs of arthritis
- Nutrients that improve the condition

